

TIMETRAVEL

Book 4, Chapter 1

The overall perspective of Atlantis in a period of 5.000 years.

How the Earth looked before the catastrophe around 13.000 years ago.

If we could go back in time and look at the Earth seen from above before the catastrophe you would not be able to recognize anything at all and the poles were almost 180 degrees turned from now.

I made a rough sketch of a world map, but the details are of course incorrect.

It fits almost with Theosophic Society's map of Atlantis no. 3, what doesn't fit is how long ago that was !

I do not here by say I'm right and others are wrong. I came to that understanding lately that there exist numerous timelines and we all take a journey down the road with that individual timeline that fits our learning processes and one timeline might differ slightly from another. What I describe is only my truth, what I lived and learned and not necessarily your truth.

The landscape of course changed here and there in 5.000 years.

In more than one life I was an initiated Priest and had several physic abilities, among those were the ability to 'overshadow' an animals soul and become one with it. I kept my human mindset and intelligence and melted it together with the animals abilities to see, hear, smell and maybe fly.

But the other side of the world were India, Australia and the entire Pacific Ocean I have not seen with 'my own eyes' but just had a general understanding of how it looked.

Lemuria had sunk as I arrived Earth 17.000 years ago, thou the edges of Lemuria the Mountain peaks had become a long curved band of smaller and bigger Islands in a curve so to speak in the lower half of the Pacific Ocean. They curved up to where Peru is now and the great City Tiahuanaco. It was back then one of the worlds biggest harbors, and the sail route along all the small and bigger islands in the Pacific Ocean was kind of the 'Oceans Silk Road'.

I have also drawn a 'tourist postcard-like' sketch of the Island Ruta with the big round city where the proportions of the localities are exaggerated.

I was thereby able to see the landscape from above if I melted myself with the spirit of a seagull, eagle or any other bird that are able to fly high and above.

I have there by seen my world from above in details and was very familiar with it.

I will refer to the world corners as we know today (where North is up at a map).

The Western Hemisphere of Earth was the Island Paititi where all sorts of races lived that had immigrated from Lemuria, North America was halfway over iced and there lived mainly red skinned and copper skinned people. The Mexican Golf was just an inland lake. The northern part of Ruta disappeared under the Ice. Northern Europe as well !

The Mediterranean was just rivers merged together more or less and was called the Mother of All Rivers in my native tongue.

The Nile was there but far smaller than today. There were several bigger and smaller lakes in the area we now call Caucasia.

There were several Vulcans peeking up here and there some still alive some inactive and The Mother of All Rivers run around them, they kind of created smaller or lager islands in the river.

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For a lack of a better name I will call the region around the Mediterranean: **Arcadia**.

Northern Africa was just a half island coming out from the Middle East. It was very fertile full of meadows and mountain small rivers and lakes.

Between northern and southern Africa there was a great ocean very salty and full of dangerous almost prehistoric animals. No one dared to go fishing in the Ocean although there were many fish, the fishermen could get killed by monsters weird looking sharks and crocodiles. We called it The Sea of Monsters.

South of Ruta was an island where there lived dark skinned tribes at the stone age level, we didn't dare to go there. The people looked like the Australian Aboriginals.

When we sailed close to the Island we could see crosses made like an X where there hang men upside down with birds all over them picking their corpses. Whether it was a way to scare us away or their method of punishing their criminals we didn't know. There were rumors that they practiced dark magic and were cannibals but we actually didn't know anything about them and avoid to get too close to their shores.

North of Paititi was the Island Daita (or Deitah) it covers more or less all the West Indian Island of today and Cuba.

It's hard to tell what was what, because the tectonic plates also moved radically both during the catastrophe and after.

The History and mythology of Atlantis as I arrived on Earth.

For some reason I don't fully understand why I was always incarnated in the original Toltec tribe, those with copper colored skin more or less elongated skulls, black hair but tending to dark brown that as we became older turned into a dark reddish color. We had no body hair and couldn't grow a beard. And we had brown eyes.

We were able to crossbreed with other races particularly the red skinned man. But in those days all races tended to keep their race clean. Not out of racist tendencies but because we were more or less group souls and in telepathic connection with each other at a subconscious level.

As we first came to Earth we settled beneath The Smokey Mountains far, far back in time when there was a continent called Atlanta stretching from one end of the world to the other. And Lemuria or Mu still covered most of the Pacific Ocean.

The Mythology here is what the priesthood told me in some of my first incarnations. Already as I arrived people talked about two major catastrophes that altered Earth, each time the Earth was flooded, each time every thing was turned upside down and humanity had to start all over again.

There was a major catastrophe making Atlanta crack in the middle so only half of it was back. We saw it as half the continent sank in the Ocean. How long after it was discovered that islands was coming up in the Sea was blurred in legends.

Of course the water level sank but we saw it as islands was rising up from the Sea.

Atzl means 'rose from the sea' !

We didn't call it Atlantis - it's a Greece word.

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Then there was the story of our founding father who was the man that came up with the idea or rather concept of Atlantis, because the Atlantians colonized most of the Earth, so it was not just a smaller Island behind Herakles Pillars. Both the Eastern and Western Hemisphere was colonized.

And in each region was a king that at a regularly basis went to Ruta and met with the King of Kings and all those kings ruled Atlantis together.

We called our founding father Wahkaneer (means the spirit that walked the Earth or the spirit that crossed the land).

His grandfather founded The Golden Time. He taught humanity settlements and farming. Wahkaneer walked the entire Earth presented his idea of making the world come together in peace and value each others differences.

Ruta was an ancient super volcano. The edges of the volcano was high granite cliffs and in the middle of the island was a tall hill and a large rivers came from the Icecap and run through the curved valley and around that hill for natural reasons and Wahkaneer decided to build his castle on top of the hill and have waterways dug around it in a circle and he became the first King of Kings.

He saw that the natural mountain and cliff ridges almost created a perfect protection of the island.

In time more circular waterways were created and the river run over the edge of the cliffs and made a giant waterfall. But the cliff where the water run over were broken down into a narrow crack in the granite wall and a lock system was installed.

You could only enter the Island Ruta by the river and all ships, so to speak sailed 'up hill' or 'down hill' via the many lock system. Larger sail ships were pulled by oxes at both side the river, dragging them foreword.

Wahkaneer's father was married more than ones to Earth women. He had a half brother that ruled the region Arcadia.

Wahkaneer was also married to more than one woman and here the legends get blurry.

His father, his grandfather and he as well lived very long, so the Earth women died of old age and then he remarried. From Wahkaneer's many daughters and sons descended a race of tall white people with **white** hair (not blonde) and blue eyes.

Wahkaneer loved and cared about the human beings on land as well as the human beings in the Sea.

Here called the **Mer People** (*Mer Maid*). Legend told that he loved a woman from the Mer People so much that he married her and had children with her.

As I lived on Ruta there was in the South West corner of the island a group of people that kept themselves to themselves, that I never saw but just heard rumors about.

They declared that they were half Mer People and half human beings.

They had webbed feet and hands and always covered them with long sleeves, and never wore sandals so you could see their feet. They looked otherwise like anybody else, may be why I could have met them on the town square without recognizing them ?

They had greater lung capacity than normal and were excellent divers.

In some legends we were told that Earth was mainly a water planet in the beginning and whales, and dolphins and the Mer People themselves was the first living mammals on the planet.

All life began at Sea and later climbed on the land.

The dolphins were kind of the Mer People's dogs.

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Wahkaneer told the ancient priesthood that Earth was not in tune with the rest of the planets in our Solar System, like a string on a lyre could be out of tune, Earth had to raise to a higher atonement, and that's where the pyramid building all over the planet comes into the picture. Wahkaneer's brother was against this plan and fought it with all means.

As I understand it today, it was like he wanted to artificially raise the level of consciousness to a higher attunement and his brother didn't think it would help humanity at all, rather the opposite.

His half brother saw humanity in general as children, so as I now has come to understand it, it would be like you don't give a child a gun and some bullets and say: "Go play in the backyard, and learn from your mistakes !"

With a higher consciousness follow a lot of psychic abilities he didn't see humanity being able to handle in a responsible way !

All pyramids provided us with what we called **ismeth**, this the same as the Hindu's Prana of the Chinese Chi energy.

This was the pyramids that looked like the Giza pyramid the other step pyramids was star gates.

When that is said, it should be mentioned that quite many both false pyramids and false stargates was built in those days because the rulers wanted to show that they also were in connection with the star people.

In simple term the pyramids were power stations and served several functions, among others wireless energy to the star peoples many devices.

Those devices were given to Earth rulers to make deals with them and we in the Priesthood were not happy about that. We could do most of the tasks these gadgets and dingbats could do and saw them as totally unnecessary.

Religion.

We in the Temples knew that the Sun was a portal through which this energy we called Ismeth provided all things with life and more or less consciousness, but the common man worshiped the Sun as a form of God and in a personified way.

The Atlantian Kings practiced total religious freedom as long as you accepted that the Sun was the creator or provider of all life and the origin of Ismeth and the other creators were lesser Gods not creating anything from scratch, but to be understood as **designers** of something already existing in a different way. Theo, Deo, Zeus means creator (designer) not God as we perceive it.

So all in all there was no one religion or religious believe system. In the period I was incarnated on Ruta there were many believe systems and temples.

Each region had its local God and each house had his house God.

Between the different Temples there was a common ideology to work together in our goals to enlighten humanity and serve them well and set aside the details in which we had different thoughts or believes.

All Temples participated in the events through out the year, where a great procession took place at the outer road around the city. It was as colorful as the South American Carnivals.

Everybody was dressed up in full ornate and symbols and even sculptures of Gods, heroes or symbolic ikon of the Sun it self was carried around the entire City, supported by mainly drums and horn music.

The King of Kings himself was carried on a splendid throne, decorated with feathers, gold and gemstone, guarded by his most faithful warriors.

Every festival held this was held to mark the four seasons of years and in honor of the Sun God.

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Outstanding individuals was often contacted in the After Life for advice or protecting, you could say in a way we worshiped or forefathers.

In each branch of religious believes there were either women or men with special mediumistic gifts that people consulted for advise or protection in their daily life.

Almost all temples practiced magic in the form of manifestations or binding magic. All with different methods and many by the use of crystals.

I call my temple: *The White Temple*, (it wasn't called so) - but I call it so, because the building was white.

It was one of the oldest temples in town and placed close to the center of the city.

I always chose their form of believe system in each incarnation I had.

Whether I joined the Priesthood or lived an ordinary life I always was connected to The White Temple.

I guess I chose this temple because they practiced spirituality and not so much dogmatic religion.

It was more or less gnosticism, meaning a self achieved spiritual connection with the divine.

This Temple also possessed an underground library with a very large collection of ancient books, scrolls or tablets in any form from clay to copper, silver and gold - even metal where the alloys used was totally unknown to us.

Our Priesthood swore an oath to a specific Lemurian Priesthood, that they would carry their story, their oral teachings and secret knowledge into the future as pure as possible.

A great time of darkness would come where 'Man' used his psychic abilities for dark and evil purposes ! And our job in The White Temple was to carry ancient wisdom into future where Man's heart again would be without greed or malice and he would raise to a higher level of power over himself, and a new Golden Age would come in the far, far future.

There were of course loads of Dark Lords, Black Magicians and what have you, in any life I lived on Ruta.

And in some of lives I lived connected to The White Temple it was my job to protect people from negative spirits that parasites on them or drive out demons as we call it today !

Kings and Queens

In the beginning a mature, wise older man or woman was chosen by divinity among the members of any temple group and any race for that matter.

To become a king or queen you must have all your chakras in order and an open crown chakra, so that you yourself was in direct contact with the divine.

The King was also a judge and had the last word to say in any dispute. He was the ruler and the most humble servant to the smallest or weakest one in his kingdom.

But very soon Atlantis came into wars with Arcadia and when we won the war over them, the leader of the winning army became a hero, and soon those war heroes were chosen as kings.

Or simply chose themselves as King via a military coup.

In my first incarnations in Atlantis we were ruled by a very fair and goodhearted highly beloved king from the white race with white hair and blue eyes. He had already ruled for several hundred years as I arrived.

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But in a later incarnation we had been long under siege from Arcadia and a war hero king ruled and he was originally a descended of an old farmer family that own a lot of land West of the big city.

He died in battle and before he died, he chose his oldest son to follow him at the throne.

Leadership of the state and the Spiritual father or mother figure was split into two. Priests and priestesses lived in primitive quarters at each side of temple, we worked together and often did temple services together but we have both chosen a live in celibacy and our children were all of humanity.

The same rules were repeated in the in the Royal Court of King and Queen. The King was the father figure for all mankind and the Queen was the mother of all mankind and lived in each their quarters and had no children themself.

Their families had the right to live alongside with them in the palace, so the King's parents and siblings might chose to live in quarters near to him but had no say concerning a given king's political or spiritual decisions.

But the war hero Kings married and had many children that all took over the castle and lived in abundance and wealth and they became bad role models to the people because they led a lifestyle that was both immoral and irresponsible with no concern about the people in their kingdom.

I was told that the battle between spiritual leadership and war hero had went on for a very long time, it went forth and back, and the closer we came to the catastrophe the worse it became.

Trading

We had no money system as such, but traded whatever we could produce with other items or services under supervision of a witness and in more serious cases of three witnesses. There were official witnesses, men that were trusted with this duty because they had a good memory or because they could read and write.

As seller and buyer shock hands on an agreement an official witness put his right hand on top and declared the trade for final.

If you felt you were cheated in that bargain, you brought your complain to the witness and he had to fix the problem. If he couldn't make buyer and seller agree he could bring the issue to the Elder Council a group of literately older men and women that had lifelong experience in trading.

If that didn't help it was brought for the King and his word was law no matter whether you agreed with him or not.

Mainly all carried rings in their belts, made of jade or other gemstones, iron, copper, silver or gold and weighed these object at a scale to see if they fit with the offer for a given trading. In some cases visitors payed a form of tribute to come to our harbor and trade their goods at our town square, but all in all housing was free for visitors as well for people that was born on the island. So was food.

All men and women had a place to live. They had simple from of clothing and shoes. All were given food and water for free and did you want more of either, you had to earn it by working in some place, to example a pottery. If you worked well you might be given one or two pots you had created yourself. Now you could trade them, for a fancy outfit, pearls, a pair of boots or what ever was on your mind.

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There was no poverty on the island and hardly any crime.

Around the second waterway around the city were a lot of crash houses where any kind of visitor a stranger or a citizen could enter that house together with others and sleep over. You just had to leave as you received it in proper condition, meaning you had to clean it.

People sat on the roofs at these houses and made fires and dine together if they didn't chose to join the many squares where people made food together and dined in greater groups often to taste foreign food recepies.

The island it self earned its workmanship for building houses, bridges, roads or other larger infra structures by the mines that existed in the underground.

We had many semiprecious gemstones but mainly our largest wealth came from copper-containing minerals.

As well as Paititi had it's gold we had our chalcopyrite. It had both great physical properties and meta physic properties.

In war time we let war-prisoner do the hard mining work and if they didn't try to escape and showed empathy for the other slaves, they rose to a higher position in the mines where they were in charge of others and had to less hard labor.

Finally they could rise to a life above ground and be given more and more rights of freedom and a house of their own as long as they promised to stay at the island and not go back to their homeland.

By their mining the islanders discovered many underground cave systems, created by mother nature herself which they widened and there by created a network of underground tunnels, even all the way to the mainland itself.

This route was underneath the northern mountain ridge above the Mudland and went all the way to North America where Coney Island is today.

The King's Castle was connected to this escape route. Only high profile people knew about it and I didn't know about these underground tunnels before in my last incarnation.